



3rd ESHO School on Clinical hyperthermia

Hands-on: The Netherlands, June
29-30, 2022



PROGRAMME

Organisation

- Location of the housing is in Utrecht, Bunk hotel close to the Central station, i.e. a city with a good rail connection to all four institutes.
- At the day of teaching the participants will travel by public transportation to their Institute.
- Proposed teaching time each day will be from 10.00 hours till 17.00 hours, with exception of a HIFU session taking place 9.00-12.00.
- Informal get together meet up June 28th, 20.00 at Bunk hotel lobby (for participants who are already in Utrecht)
- All together Dinner June 29th at Sarban Afghaans restaurant (Oudegracht aan de Werf 161, Utrecht)
- All together Dinner June 30th at Seven (Mariaplaats 7, Utrecht)
- For OV travel info in NL, we advise this website [9292 your travel partner - 9292.nl](https://9292.nl) If you download the app, you can also buy e-tickets for your trip(s).
- Be aware that Schiphol is very busy nowadays and you need to be at Schiphol well in advance (always 3 hours!)

The concept plan for the ESHO hands-on school is as follows:

- The school will be in two parts:
 - Part 1 is a two-day hands-on training in The Netherlands organized by the various HT-groups: Amsterdam UMC, Erasmus MC, Utrecht UMC, Technical University Eindhoven.
 - Home assignments: each training topic includes assignments that should be completed and submitted before Part 2. This part is obligatory only for participants who aim for 4 ECTS.
 - Part 2 is a two-day training consisting of a short feed-back discussion of hands-on training (will include feedback to home assignments) and theoretical education on hyperthermia (broad refreshers course)

Part 1 – Hands-On: the topics, participating institutes and coordinators

Wednesday June 29th

- Amsterdam UMC: Biology
 - coordinator program Arlene Oei
- Amsterdam UMC: Clinic/physics RF-heating
 - coordinator program Akke Bakker, Petra Kok
- TU Eindhoven: Physics modelling, thermometry
 - coordinator Maarten Paulides

Thursday June 30th

- Erasmus MC: Biology
 - coordinator program Timo ten Hage
- Erasmus MC: Clinical/physics RF-heating
 - coordinator Sergio Curto

Friday July 1st

- Utrecht MC: Clinic/Physics HIFU heating
 - coordinator Roel Decker

Date: Wednesday June 29th 2022

Subject: Biology: Molecular interactions

Location: Amsterdam UMC, location AMC, Department of Radiation Oncology (route 75)

Program

10:00-10:30 Welcome and drinks

10:30-11:00 General Radiobiology and Hyperthermia (Arlene)

11:00-11:30 Importance of time interval between Radiotherapy and Hyperthermia (Mei)

11:30-12:00 HIPEC (Roxan)

12:00-12:30 Video instructions on how to work in the lab

Demonstration of clonogenic assay, γ H2AX, animal experiments

12:00-12:45 Lunch break

12:45-13:00 Tour on lab.

Divide in two groups of 4 students.

13:00-14:15 Hands on training part I

Group 1:

Roxan demonstrates how to trypsinize cells in (G2-115), count and plate them for clonogenic assay (make 2 plates: 1x control, 1x 4Gy).

Afterwards, had 2 plates ready to stain with crystal violet (prepare 10 days in advance).

Have plates ready to be counted 0-2-4-6-8 Gy.

The group count the colonies and make graphs.

Group 2:

Mei demonstrates how to trypsinize cells (G2-114), count and plate cells on slides.

Afterwards you could have a γ H2AX slide ready (prepare it a few days in advance) without DAPI and you can demonstrate the staining with DAPI.

and show them under the fluo mic what the cells look like.

Count foci of e.g., 5-10 cells per treatment: 0-1-2Gy (if we have pictures).

And they can calculate what the effect is of the dose of radiation and the amount of DNA breaks.

14:15-14:30 coffee/tea break

14:30-16:00 Hands on training part II

Swap groups.

16:00-16:30 Discussing results, have drinks, closure of the day

Date: Wednesday June 29th 2022

Subject: Clinical/physics training (Alba 4D, Alba 4000, wIRA)

Location: Amsterdam UMC, location AMC, Department of Radiation Oncology (route 75)

Program

09:45 - 10:00	Welcome with coffee	
10:00 - 10:05	Introduction (Hans Crezee)	B0-133
10:05 - 10:20	Hyperthermia treatment planning (Petra Kok)	
10:20 - 10:30	Invasive thermometry (Akke Bakker)	
10:30 - 12:00	Hands-on training in two groups, 45 minutes per rotation	
	1. Hyperthermia treatment planning (Petra Kok)	B0-215
	2. Invasive catheter placement (Akke Bakker)	B0-123
12:00 - 13:00	Lunch	
13:00 - 13:20	Clinical results - Alba 4D, Alba 4000, wIRA (Willemijn Kolff)	B0-133
13:20 - 13:40	Physics - Alba 4D, Alba 4000, wIRA (Hans Crezee)	
13:40 - 14:00	Quality Assurance - Alba 4D, Alba 4000, wIRA (Remko Zweije)	
14:00 - 16:00	Hands-on training in two groups, 60 minutes per rotation	
	3. Alba 4D (Remko Zweije)	B0-215
	4. wIRA/ Alba 4000 (Akke Bakker)	B0-123
16:00 - 16:15	Q&A and closing remarks (Hans Crezee)	B0-133
16:15	Drinks	

Date: Wednesday June 29th 2022

Subject: Physics modelling, thermometry
Location: TU Eindhoven, Center for Care & Cure

Program

- 9.00 am: Welcome & coffee
- 9.30 am: Presentation on Center for Care and Cure
Introduction to hyperthermia physics and device design
- 10.30 am: Introduction on EM modelling
- 11.30 am: Hands on: EM modelling

- 12.30 pm: Lunch

- 1.30 pm: Continuation of hands on EM modelling
- 2.30 pm: Introduction on thermal modelling
- 3 pm: Hands on: thermal modelling
- 3.30 pm: Comparison between the hands on designs
- 4 pm: Presentation: MRT and thermal modelling in treatment
- 5 pm: Drinks

Date: Thursday June 30th 2022

Subject: Biology: Tumor microenvironment
Location: Erasmus MC, location XX,

09:30 – 09:45 Welcome and introduction

09:45 – 10:15 Hyperthermia-combination therapy of cancer focused on nanomedicine and tumor pathophysiology (Timo, Ann).

10:15 – 10:45 Thermosensitive liposomes (Loes, Reza)

10:45 – 11:00 Coffee / Tea

11:00 – 11:15 Infrastructure of the lab related to that (Timo)

11:15 – 11:45 Intravital microscopy, live cell imaging and super resolution confocal (Ann, Timo, Wenqiu)

11:45 – 12:00 Questions and preparation for afternoon

12:00 – 13:00 Lunch

13:00 – 16:00 Start practical in three groups; 60 minutes per practical including rotation (Timo)

- 1) Making liposomes (TSLs) followed by quality control (size, pdi) (Loes)
- 2) Testing TSLs for real time triggered kinetics (Reza)

3) Confocal imaging of cell – nano-system interaction (Wenqiu)

16:00 – 16:30 Finalization: discussion and evaluation, questions.

16:30 Drinks

Date: Thursday June 30th 2022

Subject: Clinical / physics of RF-heating: BSD-2000 Sigma60/Eye, BSD-2000-MR Arch, Lucite Cone Applicator, Hypercollar 3D, Intact breast

Location: Erasmus MC, location XX,

Program

	Activity		Location	
10:00-10:30	Coffee + Intro Sergio		NG-502k	
	Group A		Group B	
	Activity	Location	Activity	Location
10:30-11:15	Treatment planning <i>Anton, Julian</i>	NG-s18k	Intact breast <i>Jannis, Kemal, Ali</i>	NG-502k / Superficial HT treatment room
11:15-12:00	Intact breast <i>Jannis, Kemal, Ali</i>	NG-502k / Superficial treatment room	Treatment planning <i>Anton, Julian</i>	NG-s18k
12:00 – 13:00	Lunch		NG-532	
	Group A		Group B	
	Activity	Location	Activity	Location
13:00 – 14:20	Superficial + HN <i>Anderson, Marieke, Julian</i>	Superficial HT treatment room	Deep non-MR, MR <i>Ali, Inge, Kemal, Jannis</i>	Superficial HT treatment room

14:20-14:40	Coffee and tea		Coffee corner	
14:40- 16:00	Deep non-MR, MR <i>Ali, Anton, Inge, Kemal</i>	Deep HT/MR- guided HT room	Superficial +HN, <i>Anderson, Marieke, Julian</i>	Deep HT/MR- guided HT room
16:00-16:30	Q&A		NT-557	
16:30-17:00	Drinks		NT-557	

Date: Friday July 1st 2022

Subject: Clinical / physics of HIFU heating
Location: Utrecht MC, location XX,

Program

9. 00 – 12.00 Detailed program will follow later; The program is

